

## **Notices: January 31, Proper 4**

End of Week of Prayer for Christian Unity

All are welcome to join us at the Holy Table for Communion in Christ.

You are encouraged, if you are on Face Book, to become a fan of the Anglican Parish of the Resurrection, and Anglican Life.

**The Ash Wednesday Liturgy** and the beginning of the Lenten Season is on February 17, 7pm.

**Lenten Quiet Day** is on Saturday, Feb 20, from 10am to 2pm. For meal purposes, contact Deacon Gladys if you will be attending.

**Confirmation** will be on April 25, with classes starting in the near future. Register with Marie Taylor 786-3368.

An ongoing **Tuesday night Bible study**, to take place in the House for the Church, will begin on Tuesday, February 9<sup>th</sup>. This ministry is open to all. If interested contact Deacon Janet or Darlene Mahoney.

**Notice to parishoners:** if convenient, you may wish to donate to Haiti directly through the parish -- simply put a donation clearly marked for Haiti relief in an envelope and put it in the weekly collection. Whatever is received will be forwarded to the primate's relief fund earmarked for Haiti.

All are encouraged to **donate to the Primates World Relief and Development Fund** for Haiti relief.

**Life in the Eucharist:** There will be a meeting of parents of children interested in Life in the Eucharist on Sunday, Feb. 7th at 2pm. The program takes 6 weeks, 5 before First Communion, and 1 after. For more information call Fr. Gerald or Rev. Linda.

**The Marriage Course:** will begin on Thursday, March 4.

**Bereavement Support Group:** 1<sup>st</sup> Friday of each month.

**Lead Like Jesus course:** will begin on Monday, February 8. Facilitated by Alfred Efford.

Week 1: Who will you Follow? How will you lead?

Week 2: The Heart of a Servant

Week 3: The Head of a Servant

Week 4: The Hands of a Servant Leader, Pt. 1

Week 5: The Hands of a Servant Leader, Pt.2

Week 6: The Habits of a Servant Leader

If interested, contact Alfred or Deacon Gladys.

**Vestry Meeting,** Tuesday, February 9, 7:30.

**Annual Reports:** For those who have led any of the various ministries throughout the last year, please have your annual report submitted to Father Gerald asap.

The parish of the Resurrection, in conjunction with the Baccalieu Advisory Board, will be giving leadership to an **emergency shelter** project for people in crisis in the Trinity Conception region. Please keep this need in your prayers, that the Lord will raise up people to give leadership to this humane project.

The practice of intinction, the dipping of the Eucharistic bread into the chalice, is no longer permitted.

**Seniors Café** next Thursday, February 4, beginning at 2pm.

**A Cursillo Weekend** will be held from Apr 29 to May 2. If interested contact Fr.Gerald.

Trained volunteers are available to help seniors and low-income individuals complete income tax returns. This is a free service. Call 772-3275.

Male **violence against women** is a serious issue in our homes, communities and workplaces, yet there is still a lack of acknowledgment and ownership of this crime. The subject is still very much taboo and although the severity of it in this province is alarming, to say the least, it is still very much a silent issue. For more info, visit the website [www.respectwomen.ca](http://www.respectwomen.ca)

**THE HOLY EUCHARIST** is celebrated in the Oratory on Sundays at 11am, and Wednesdays at 12:15.

**CHRISTIAN MEDITATION** (Lectio Divina) is practiced on Sundays at 6:30pm, and Wednesdays at 11:30am.

**BREAKFAST BIBLE STUDY**, Sundays at 9am.

**Tuesday Night Bible Study**, Tuesdays at 7pm.

**Midday Prayer** is said daily in Café at 11:30am.

**Spiritual Reading Group**: Wednesdays at 2pm.

**Bereavement Support Group**: 1<sup>st</sup> Friday of month at 7pm.

**THE EMMAUS CAFÉ** is open daily (except Saturdays) from 11am to 2pm, serving lunch and refreshments.

**Next SENIORS CAFÉ**: first Thursday of month at 2pm.

**Next YOUTH CAFÉ** : 1<sup>st</sup> & 3<sup>rd</sup> Saturdays at 6:30pm

**Next POT LUCK LUNCH**: last Sunday of month.

**Next PARISH Cooked BREAKFAST**: 3<sup>rd</sup> Sunday of each month at 9am

Wireless Internet available in Cafe

With reference to **the H1N1 virus**, and any infectious disease, prevention is the best approach to protection. Individuals are advised to take precautions around general hygiene and public health. **Clean, Cover and Contain** is the recommended approach. **Clean**: wash hands regularly with soap and water or hand sanitizer.

**Cover**: use a tissue or arm to cover coughs and sneezes as opposed to the hands which frequently touch other surfaces and people. **Contain**: individuals with influenza-like symptoms should stay at home to minimize contact with others and to treat the symptoms of the illness.

**Receiving at Holy Eucharist**: Some have adopted the practice of receiving Communion in one kind only (the consecrated Bread). This is an acceptable practice. Hence, with reference to concerns around communicable diseases, communion in one kind has become, and continues to be, an option for some. **Intinction**, the practice of dipping Eucharistic bread into consecrated wine prior to Holy Communion, is no longer a permitted practice in our diocese.

**Pocket Hand Sanitizers** are also a good idea to carry for your personal use in various environments, including the liturgy.

**“Come and see” (John 1:39)**. Remember to pray about and encourage your family and friends to share in our community of faith.

*The Lord Jesus calls us to be a welcoming and Spirit-filled community. As we gather from Sunday to Sunday, and throughout the week, please make the opportunity to greet and love those whom you don't YET know.*

### **Welcome to the Resurrection!**

We are so glad you could be with us today and hope you have enjoyed your visit. We would love to get to know you better and serve you in any way that we can.

As a church we do lots of things beyond Sundays. There are free courses that either explain the Christian faith or will help you to live life to the full. There is a café, seniors afternoons, youth club and a range of events.

If you would like to know more, please complete the details below and pass the form to any of the welcoming team or Father Gerald. We hope to see you again!

Name \_\_\_\_\_

Address \_\_\_\_\_

Tel no. \_\_\_\_\_

Mobile no. \_\_\_\_\_

Email \_\_\_\_\_

Please contact me and tell me more \_\_\_\_\_

I have recently moved into the area \_\_\_\_\_

Any other comments \_\_\_\_\_